



## Drikung Kagyu Lineage

Drikung Kagyu Lineage is one of the Kagyu lineages which was founded about 850 years ago, by the enlightened spiritual master Kyoba Jigten Sumgon (1143-1217). Teachings came directly from Buddha Shakyamuni and the primordial Buddha, Vajradhara and were handed down to Gampopa (1079-1153) through fully enlightened masters such as Tilopa, Naropa, Marpa, and Milarepa. Gampopa in turn gave all these teachings to Phagmodrupa (1100-1170). Jigten Sumgon was one of the closest and chief disciples of Phagmodrupa. After receiving all the complete teachings from Phagmodrupa, Jigten Sumgon then gave them all to his chief disciple, Gurawa Tsultrim Dorje (1154-1221). All these enlightened energies, blessings and teachings were then handed down unbroken to the present 37th and 36th lineage holders, H.H. Drikung Kyabgon Chetsang Rinpoche who lives in Dehra Dun, India and H.H. Drikung Kyabgon Chungtsang Rinpoche who lives in Tibet. Lord Jigten Sumgon prophesied again and again, "In the future my teachings will flourish by the two Bodhisattvas, who are like the sun and the moon, through their compassion and wisdom." H.H. Chetsang Rinpoche is like the sun. He is the emanation of Chenrezig, the compassionate deity. H.H. Chungtsang Rinpoche is like the moon. He is the emanation of Manjushri, the wisdom deity. As a member of the Kagyu family, it shares with the other Kagyu lineages practices such as Mahāmudrā (*phyag rgya chen po*) and the Six Dharmas of Naropa (*na ro chos drug*). Within this context of a shared heritage with the other Kagyu lineages, the Drikung Kagyu is known for the philosophical view expressed in *The Single Intention* (*dgong gcig*), and the stages of Mahāmudrā practice known as "The Five-fold Profound Path" (*phyag chen lnga dan*). Furthermore, from the 16th century onward the Drikung Kagyu has held the main transmission of a treasure-cycle known as the *Most Profound* (*yang zab*). The Drikung is also known for its Great Phowa Practice and great meditators. There are many stories about those who have attained Enlightenment in one lifetime. More information at <http://www.drikung.org/>

## Ratnashri Meditation Center

Ratnashri Meditation Center is a nonprofit organization which was established 1997 by Venerable Khenchen Konchog Gyaltsen Rinpoche. The purpose of the Center is to promote Buddha's precious teachings by providing opportunity for Dharma practitioners to study, practice, and progress on the Dharma path. To achieve this goal, the Center invites highly qualified masters to visit regularly for teachings and retreats. The Center is under the supreme guidance from His Holiness Drikung Kyabgon Chetsang Rinpoche.

The Center opens on Sundays for Dharma group study and practice. Our newsletter, Ratnashri Newsletter is published regularly to promote and inspire enthusiasm in the study, practice and application of Buddha's Dharma teachings in our everyday life.

### Guru Padmasambhava (Guru Rinpoche)

Guru Rinpoche has influenced countless beings through the Vajrayana teachings and in particular through the activity of the profound terma treasures. This great master was not an ordinary being but rather an emanation of both Buddha Amitabha and Shakyamuni who appeared in order to tame human beings and spirits who are difficult to tame. In the Dharmakaya realm of the Luminous Vajra Essence, Guru Rinpoche has attained perfect enlightenment since the very beginning as the liberated ground of primordial purity. He is renowned as the original protector, Unchanging Light. In the self-manifest sambhogakaya realm of the Thunder of the Drum of Perfection, he spontaneously manifested as the boundless wisdom array of the five families of Buddha Immense Ocean possessing the five certainties. As the external manifestation of this self-appearing display, in the countless displays of bodily forms on Buddha-fields of the five families comprised of the natural nirmanakaya realms of Mahabrahma, he appears to all the bodhisattvas on the ten bhūmis. Since these all are the cloud of Guru Rinpoche's wisdom display, the "inexhaustible wheel of adornment", he is known as the All-Holding Lotus. By the power of these wisdom displays, he appears in countless worlds of the ten directions as the magical apparition of nirmanakayas who tame beings. It is taught that only in this saha world system he illuminates fifty worlds with the lamp of the teachings of sutra and tantra appearing as the eight manifestations to tame beings in the different parts of the world.

Source: *Dakini Teachings: Padmasambhava's Oral Instructions to Lady Tsogyal* (Shambhala Publications)



## His Eminence Garchen Rinpoche

Sept. 26 – Oct. 1, 2014 Stockholm



Program for Sept. 26 -27 and Oct. 1

AMITABHA EMPOWERMENT, SEPT. 26

THE GREAT DRIKUNG PHOWA, SEPT 27

GURU RINPOCHE EMPOWERMENT, OCT. 1

All teachings will be translated to English.

Organized by

Ratnashri Meditation Center, Sweden

Email: [ratnashri@swipnet.se](mailto:ratnashri@swipnet.se)

<http://home.swipnet.se/ratnashri>

Telephone: 08-765 5878 (leave message)

In cooperation with

Sweden Drikung Kagyu Meditation Center  
which arranges program on Sept. 28 - 30

Email: [info@drikung.se](mailto:info@drikung.se)

<http://www.drikung.se>

## **H.E. Kyabje Garchen Triptrul Rinpoche**

Born in Eastern Tibet in 1937, the 8th Kyabje Garchen Triptrul Rinpoche was the incarnation of a 12th century highly realized yogi named Gar Chodingpa, one of the heart disciples of the famed Jigten Sumgon, Kyobpa Rinpoche – founder of the Drikung Kagyu lineage that traces back to the translator Marpa Lotsawa and greatest poet-yogi of Tibet by the name of Milarepa. Garchen Rinpoche is also considered to be the emanation of Aryadeva, the lotus-born heart disciple of the great Nargajuna Bodhisattva.

Rinpoche was recognized as a reincarnated lama at the age of seven by Drikung Kyabgon Rinpoche, Shiwe Lodro, the 36th holder of the Drikung Kagyu lineage. Then, at the age of 22, soon after Rinpoche completed 2 and a half years of sealed retreat, Tibet was invaded by China. Following the war, Garchen Rinpoche was imprisoned for almost twenty years. It was in prison that he met his root lama, the great Khenpo Munsel, and practiced diligently in secret until signs of realization spontaneously appeared. Through twenty years of imprisonment and hardships, Rinpoche was able to transform his body, speech and mind and emerged as a selfless master of vast compassion and wisdom.

Following his release from the prison, Rinpoche had worked tirelessly to rebuild his monastery in the Gar village, as well as many other monasteries in the greater area of Eastern Tibet. For a period of ten years, it was said that Garchen Rinpoche did not lie down to sleep at night. Rinpoche would sit on a low table to meditate throughout the night and if he were too tired and sleepily felt down from the table, he would get up and climbed back onto the table to continue with his meditation.

Rinpoche is known as a master of vast love and compassion with the sole wish to benefit all beings without exception. He was highly revered not only by masters and disciples of his own lineage but also masters and disciples of other traditions as well. He always holds a prayer wheel in his hand, continuously spins the wheel to pray for, and to radiate compassionate energy to benefit all beings. The great compassionate Tara is Garchen Rinpoche's main yidam deity and his aspiration is to follow in her footsteps to bring love and compassion to all. He is devoted to travel around the world to teach the Dharma, especially the infallible law of karma cause and effect and the essence teachings of the Thirty-Seven Practices of Bodhisattvas, a commentary written by the Bodhisattva Ngulchu Thogme Zangpo.

Source: <http://www.garchenbiography.net/garchenbriefbio.html>

## **AMITABHA INITIATION, Sept. 26**

PLACE: Folkuniversitetet, Kungstensg. 45

(T-Rådmansgatan)

TIME: kl. 18:00 – 20:30

Suggested donation: 200 SEK

PRE-REGISTRATION to Ratnashri Meditation Center (ratnashri@swipnet.se) and PRE-PAYMENT to center's account pg-128 78 06-2 are required to reserve a seat.

Buddha Amitabha (Buddha of boundless light) is one of the Five Dhyanī Buddhas who is associated with the western direction and the *skandha* of *saṃjñā* (perception). There are many histories of how the historical Buddha first cultivated bodhicitta and then studied and practiced while meeting countless buddhas. Each time he met a different Buddha, he reinforced his bodhicitta. Seeing the immeasurable suffering in samsara, great and powerful compassion grew. When he appeared as bodhisattva bhishu Darmakara, he made a special aspiration from among the 500 types of aspiration that he would accomplish bodhicitta and benefit sentient beings. In particular, he focused on creation of his pure land, Dewachen (in Sanskrit Sukhavati). He said, "Even those who have not achieved bhūmis can be reborn in my pure land. They can make this connection simply by hearing my name and developing devotion." With this kind of great motivation, he practiced bodhicitta for countless kalpas, perfected his great aspirations, and finally attained Buddhahood. This empowerment is an important preparation for the Phowa practice (the transference of the consciousness at the moment of death) which can enable us to reach Amitabha's Pureland.

## **GREAT DRIKUNG PHOWA, Sept. 27**

PLACE: Folkuniversitetet, Kungstensg. 45

TIME: kl. 9:00 – 17:00

Kl. 9 – 11 Amitabha Teachings "The Four Causes to be Reborn in Dewachen"

Kl. 13 – 15 The Great Drikung Phowa Teaching and blessings

Kl. 15.30 – 17 The Great Drikung Phowa Practice

Suggested donation: 500 SEK (any participation)

PRE-REGISTRATION to Ratnashri Meditation Center (ratnashri@swipnet.se) and PRE-PAYMENT to center's account pg-128 78 06-2 are required to reserve a seat.

## **THE FOUR CAUSES TO BE REBORN IN DEWACHEN (SUHAVATI)**

1. Visualization of Pure Realm of Buddha Amitabha and his Refuge Tree
2. Accumulation of merits and purification of negativities
3. Company of friends who have developed the enlightened mind
4. Entirely pure aspiration prayers

Even though we have this precious human life, and have encountered the Buddha's teachings, samsara has so much suffering- the suffering of birth, aging, sickness and death. We do not get what we want but we get what we do not want. See that nature, sometimes, we do not notice, but we are actually suffering all the time. Therefore, we should make the effort to be reborn in Amitabha's pureland.

## **GREAT DRIKUNG PHOWA**

Phowa or transference of consciousness to Buddha Amitabha's pure realm at the time of death is the simplest and most direct method to attain enlightenment. One of the Six Yogas of Naropa, there are many marvelous Phowa instructions, in different Tantra texts of new and old lineages. However, the Drikung Phowa lineage, whose Tibetan name "Jaktshukma" means "the standing grass blade," is one of the most powerful and precious Phowa practices still taught and practiced today. Phowa Jagtsukma instructions of transfer to the pure land of Dewachen is included in the Terma of ancient secret mantra lineage, which was rediscovered, and propagated a few hundred years later, and are presently upheld in an unbroken lineage through the Drikung masters.

## **GURU RINPOCHE, OCT. 1**

### **TEACHING AND EMPOWERMENT**

Place: Östermalms föreningsråd, Fältöversten, Vallhallavägen 148 (T-Karlaplan, bus stop – Värtavägen)

Time: kl. 18:00 – 20:30

Suggested donation: 200 SEK

Pre-registration to ratnashri@swipnet.se and pre-payment to center's account pg-128 78 06-2 are required to reserve a seat.

Please turn over for description on Guru Rinpoche.